



basic education

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Basic Education
REPUBLIC OF SOUTH AFRICA

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NDP

Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

Puo ya Gae: Setswana



Mophato 1 Kgweditharo 4



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Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotlhe go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go ‘ithuta go buisa.’

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

Setlhophapha sa NECT sa Puo ya Gae

Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 4 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse di 10 tse, di kgaogantswe ka ditsheko tsa go ithuta tse 5.
- Mo tshekong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PAOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

Diteng tsa Puo ya Gae

- Barutabana ba tshwanetse go tlhopha thitokgang mo tshekong nngwe le nngwe ya dibeke tse pedi.
- Thitokgang e, e tlhalosa diteng tsa tsheko eo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
 - a Tlotlofoko** e rutilweng, sekai: **buisa, golagana, farologanya, ithuta, China, mophato wa ntlha**, jalojalo.
 - b Diraeme kgotsa dipina** tse di rutilweng, sekai: **Ke rata go buisa le go kwala**
 - c** Kgang ya **puisokopanelo** e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa ntlha mo Aforika Borwa le China**
 - d Tirwana ya go kwala** e barutwana ba tshwanetseng go e dira, sekai: **Kwala dipolelo tse pedi ka se barutwana ba se dirang kwa China.**

Medumopuo le Puisokaelo ka Ditlhophpha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhophpha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.

- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlaya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 1 Kgweditharo 4:

TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 1 KGWEITHARO 4	
GO REETSA LE GO BUA	
1	O bua ka maitemogelo a gagwe jaaka go anela dikgang.
2	Boka le go dira merumo o be o e diragatse.
3	O reetsa ditaelo le dikitsiso mme o di tsibogela ka tshwanelo
4	O reetsa kwantle ga go tsena ba bangwe mo ganong, o bontsha tlotlo go sebui se sengwe.
5	O tsaya karolo mo dipuisanong, o botsa le go araba dipotso.
6	O reetsa dintlha ka botlalo mo kgang le go araba dipotso tse di bulegileng
7	Anela kgang e e itsegeng e e nang le tshimologo, mmele le bokhutlo, o fetole segalo le modumo wa lentswe
8	Reetsa, itumedisa le go tsibogela setshwantsho le malea, dithamalakwane le metlae, o dirise puo ka boikakanyetso
9	Dirisa mareo a a tshwanang le polelo, tlhakakgolo, khutlo
10	Arologanya tshedimosetso, sk. o dirise ditshwantsho tse di farologaneng

MEDUMOPUO	
Ntlha go morutabana:	
• Netefatsa gore o aga le go kgaoganya mafoko:	
• <i>Ka kutlo (temogo ya medumopuo)</i>	
• <i>Ka kutlo le ka pono (medumopuo)</i>	
1	Buisa mafoko go tswa mo dithutong tsa medumopuo mo dipolelong le mo ditlhaweng tse di dingwe
2	Kgobokanya mafoko a a tlwaelegileng go ya ka ditlhophya tsa medumo ya tsona (sk. ‘oo’, ‘oa’, ‘ee’)
3	Supa kamano ya ditlhaka le medumo e e emeng e le nosi.
4	Ithute go peleta mafoko a le 10 ka beke a a tswang mo dithutong tsa modumopuo
5	Bopa mafoko o dirise medumo e o e ithutileng
6 Lemoga le go buisa:	
a	Lemoga medumo e e pataganeng ya ditumammogo tse di tlwaelegileng (tl, tlh, th, ph) kwa tshimologong ya lefoko (tlala, tlhotla, thala, phala)
b	Lemoga bontsi (di-, ba-)
c	Boletsa ditumammogo tse di pataganeng tse di tlwaelegileng (sk. tl, tlh, kg, ph, tshw) mo tshimologong ya mafoko, sk. tlo-tlo, tlho-tlha, kga-la, phu-tha, tshwa-ra

MOKWALO	
1	Tshwara kheraeyone le phensele ka nepagalo
2	Kopolola le go kwala mafoko o tlogela sekgala kgotsa phatlha e e siameng
3	Bopa ditlhakannyne le ditlhakakgolo ka nepagalo le ka thelelo go ya ka bogolo le seemo, ke gore, o simolole le go feleletsa mo o tshwanetseng teng
4	Kopolola le go kwala dipolelo tse dikhutshwane ka nepagalo.

PUISOKAELO KA DITLHOPHA

Ntlha go morutabana:

- Baya barutwana ka ditlhophpha tsa bokgoni jwa bona jwa go buisa.
- Tlhophpha ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhophpha.
- Reetsa mongwe le mongwe wa setlhophpha a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.

- 1 Buisetsa kwa godimo go tswa mo bukeng ya gago mo setlhophpheng sa puisokaelo le morutabana, ke gore, setlhophpha sotlhe se buisa kgang e e tshwanang
- 2 Itekole fa o buisa, o lemoge le go tlhaloganya mafoko
- 3 Supa go tlhaloganya matshwaopuso fa o buisetsa kwa godimo
- 4 Dirisa mafoko a a nnang a le teng mo phaposiborutelong, medumopuo, dikgono tsa tshekatsheko ya tiriso le popego fa a buisa
- 5 Tswelela go bopa tlotlofoko e e nnang e le teng go tswa mo mananeo a puiso e e sa rulaganyediwang, tlhatlhhamano e e tlhophilweng ka seemo le manane a mafoko a a tlhagelelang kgapetsakgapetsa.
- 6 O tswelela go aga tlotlofoko ya mafoko a pono.
- 7 Buisa ka thelelo e e oketsegang le ka go tlhagisa maikutlo

PUISO KA NOSI

- 1 Buisa dibuka go tswa kwa sekhutlhwaneng sa go buisa sa phaposi
- 2 Buisa mokwalo wa gago, o simolole go siamisa diphoso tsa gago

PUISOKOPANELO

- 1 Buisang buka le morutabana ba tlhaola tatelano ya ditiragalo le maitshetlego
- 2 Lemoga tatelano ya ditiragalo mo kgannyeng.
- 3 Dirisa bokafantle jwa buka go bonelapele le bokhutlo jwa kgang.
- 4 Dirisa metlhala le ditshwantsho mo bukeng go tlhaloganya
- 5 Lemoga lebaka le tatelano mo kgannyeng
- 6 Araba dipotso tsa maemo a a kwa godimo go tswa mo temaneng e e buisitsweng (“Go ne go tla diragala eng fa...”)
- 7 Tlhaola mangwe a makaelagongwe le malatodi
- 8 Ranola tshedimosetso go tswa mo diphousetareng.
- 9 O lemoga setlhola le ditlamorago tsa kgang.

GO KWALA

Ntlha go morutabana:

- Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).
- Naya letlhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.

1 Abelana dikakanyo le go thusa go boeletsa kgang ya phaposi/setlhophpha (go kwala ka kopanelo)

2 Buisana le barutwana-ka-wena ka dikakanyo tsa go kwala

3 Peleta mafoko a a tlwaelegileng ka nepagalo

4 Dirisa medumo e o e ithutileng le mafoko a a leng teng

5 Itlhamele lenaane la mafoko le thanodi e e leng ya gago

6 O feleletsa ditiro tsa go kwala, go akaretsa go rulaganya, kwalo ya ntlha le phasalatso:

- a** O kwala bonnye dipolelo tse tharo ka dikgang tsa gagwe
- b** O kwala le go thala setshwantsho sa polelo ka setlhogo go naya dikakanyo tsa go dira buka ya sekhutlwana sa go buisa.
- c** Rulaganyetsa tshedimosetso mo mokgweng wa kerafo jaaka tšhate, sk. o dirise tšhate go rekota dipholo tsa patlisiso ya gore barutwana ba tla sekolong jang.

7 Lemoga le go dirisa puo ka nepagalo, go akaretsa:

- a** Matshwao a puiso: dikhutlo, ditlhakakgolo
- b** Maemedi
- c** Bopa bontsi jwa mafoko a a tlwaelegileng
- d** Simolola go dirisa pakapheti le pakajaanong ka nepagalo
- e** Dirisa makaedi ka nepagelo

Dira tsamaiso ya ka metlha go ithuta puo

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshtsweng mme e ka dirisiwa mo tshekong ya dibeke di le pedi.
 - Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
 - Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

Tsamaiso ya beke le beke e e akantshtsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso				
	MOKWALO	Thathobo e sa tlhomamang	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso				15 metsotso
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophra	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwale mafoko	15 metsotso				15 metsotso
	MOKWALO	Ruta tlhaka e ntšhwale mafoko	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophra	30 metsotso				30 metsotso
Laboraro	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Ruta modumo o montšhwale mafoko	15 metsotso				15 metsotso
	MOKWALO	Ruta tlhaka e ntšhwale mafoko	15 metsotso				15 metsotso
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophra	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso				15 metsotso
Labone	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophra	30 metsotso				30 metsotso
	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso				15 metsotso
	GO REETSAL E GO BUA	Ditiwana tsa molomo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Katiso ya medumopuo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhophra	30 metsotso				30 metsotso
			7 diura	45 metsotso	4 diura	1 ura	45 metsotso

A o kgona go bona gore kaboya nako ya karolwana nngwe le nngwe e nepagetse?

Ditirwana tse di akantsitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
 - Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
 - E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa (go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanelo.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Itsise thitokgang • Ruta mafoko a 3 a tlotlofoko ya thitokgang • Ruta pina kgotsa raeme • Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlotlofoko
	MOKWALO	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> • Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola medumo le mafoko a a rutilweng. • Kopa barutwana go kwala mafoko a 10 a a tswang mo thutong ya medumopuo le mafoko a a tlwaelegileng • Gape lekola mokwalo – go bopa tlhaka, ditlhakakgolo le diphatlha mo gare ga mafoko.
	PUISO & MEDUMOPUO	Puisokopanelo PELE GA PUISO	<ul style="list-style-type: none"> • Puiso ya pele • Bontsha barutwana ditshwantsho tsa kgang. • Ba kope go bua se se diragalang. • Ba kope go dira ponelopele.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> Bolelela barutwana setlhogo sa go kwala. Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> a Temana e 1 ya dipolelo tse 2 ka maitemogelo a gagwe. b Karata ya go eleletsa pholo. c Kwala dipolelo di le 3 bonnye, ka dikgang tsa gago kgotsa kgang ya maitlhameleo d Rulaganya tshedimsetso mo kerfong e e bonolo jaaka tshate Bontsha barutwana gore ba RULAGANYE go kwala ga bona jang ka go thala setshwantsho le go oketsa ka lefoko. Kopa dikakanyo tsa go rulaganya (Go kwala ga kopanelo) Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa) Kwala kwalo ya ntlha ya gago mo patitshokong mme o bontshe barutwana go re ba e tlatsa jang (Go kwala ga kopanelo) Tlogela letlhomeso la polelo mo patitshokong mme o bolelele barutwana go kwala dipolelo tsa bona.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha 2 DITLHOPHA X15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Bayu barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhophwa go dira le wena (setlhophwa sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhophwa. Naya setlhophwa setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Ruta modumo o montshwa le mafoko	<ul style="list-style-type: none"> Dira ka go latela lenaneo la medumopuo ya puo ya gago. Ruta barutwana go buisa modumo o montshwa. Ba rute go buisa mafoko a a nang le modumo o montshwa le medumo e e rutilweng (mafoko a a dumisegang) Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. (simolola ka mafoko a ditlhaka tse 3 a a dirisang medumo e e sa pataganang.) Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	MOKWALO	Ruta tlhaka e ntšhwla le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona – tlhakakgolo le tlhakanny. Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Ruta barutwana go kopolola polelo e khutshwane e e dirisang modumo o o rutilweng le mafoko. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> Puiso ya ntlha Buisetsa barutwana kgang ka thelelo le ka maikutlo. Ema go tlhalosa fa go tlhokega. Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> a Maemedi b Pakapheti le pakajaanong c Makaedi d Bontsi e Ditlhakakgolo le dikhutlo. Morago ga puiso, botsa mefuta e e latelang ya dipotso: <ul style="list-style-type: none"> a Gopola (mang, kae, leng, eng jj) b Tatelano (go diragetse eng lantlha, go latela, bokhutlo) c Setlhola le ditlamorago (Ke eng se se thodileng ...) d Kakanyo (Goreng/ o ka bo o dirile eng/ a o ka dira kgolagano/ o ka fopholetsa eng/ a o ka dira ditshekatsheko
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhaweng kgotsa mo Bukatirong ya DBE. Bitsa setlhophana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhophpha. Naya setlhophpha setlhaweng kgotsa mo Bukatirong ya DBE. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> Ruta mafoko a tlotlofoko ya thitokgang a 3 Opela pina kgotsa bua raeme Dira tirwana ya molomo e nngwe sekao: <ul style="list-style-type: none"> a Dikgang – kopa barutwana ba 2 go abelana ka dikgang. b Kanelokgang ya boithamedi – Kopa barutwana go itlhanela dikgang mme ba abelane le molekane. c Bontsha dilo tse di tshwanang le tse di farologaneng. d Metshameko – Tshameka motshameko wa puo e Metlae – Kopa barutwana ba ba 2 go bua motlae kgotsa thamalakwane Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlotlofoko
	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> Dira ka go latela lenaneo la medumopuo ya puo ya gago. Ruta barutwana go buisa modumo o montšhwa. Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumopuo e e rutilweng (mafoko a a dumisegang) Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. (simolola ka mafoko a ditlhaka tse 3 tse di dirisang medumopuo e e sa pataganang.) Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka kgotsa modumo o ba ithutileng ona – tlhakakgolo le tlhakanny. Ruta barutwana go kwala mafoko le dipolelo tse di dirisang modumo. Ruta barutwana go kopolola polelo e khutshwane e e dirisang modumo o o rutilweng le mafoko. Ruta barutwana go bopa dipalo ka nepagalo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Kwala thulaganyo ya gago le kwalo ya ntlha ya Mosupologo mo patitšhokong Kwala thulaganyo ya gago le polelo ya ntlha mo patitšhokong. Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo) Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso la tiro go kwala dira polelo ya bona ya ntlha.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotoshwana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhophpha. • Naya setlhophpha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> • Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro. • Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko b Kgaoganya mafoko ka medumo. c Kgaoganya mafoko ka dinoko d Baya mafoko a a tsamayang mmogo ka medumo e Baya mafoko a a tsamayang mmogo ka setlhophpha. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> • Puiso ya bobedi • Buisetsa barutwana kgang ka thelelo le maikutlo. • Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> a Gopola (mang, kae, leng, eng, jalojalo) b Tatelano (Go diragetseng eng la ntlha, ga latela, bokhutlo) c Setlhola le ditlamorago (Ke eng se se tlhodileng ...) d Kakanyo (Goreng/ o ka bo o dirile eng/ A o ka dira kogolagano/ O ka fopholetseng eng/ A o ka dira tshekatsheko • Kopa barutwana go itlhama dipotso tsa bona ka setlhangwa, mme ba botse molekane.
Labone	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophpha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhotoshwana go dira le wena (setlhophpha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhophpha. • Naya setlhophpha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> Ruta mafoko a 3 a tlotlofoko ya thitokgang. Opela pina kgotsa o bue raeme. Dira tirwana ya molomo e nngwe sekai: <ul style="list-style-type: none"> a Baya barutwana ka ditlhophpha go buisana ka setlhangwa, ba dirisa letlhomeso (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...) b Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhophpha mme batle ka kgang e le nngwe ya thitokgang. Barutwana ba oketsa ka mafoko mo dibukeng tsa bona tsa tlotlofoko
	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e. Dira tirwana ya medumopuo le barutwana bottlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko. b Kgaoganya mafoko ka medumo. c Aga mafoko o dirisa medumo d Kgaoganya mafoko ka medumo e Kwala dipolelo tsa gagwe a dirisa mafoko a medumopuo. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA MORAGO	<ul style="list-style-type: none"> • Puiso ya morago • Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai: <ul style="list-style-type: none"> a Botsaya karolo – bayar barutwana ka ditlhophha go diragatsa kgang. b Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. c Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2 – 3 gore kgang e ne e bua ka ga eng. d Thala setshwantsho ka ga kgang mme o kwale setlhogo/ lefoko.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhophha DITLHOPHA 2 X15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. • Bitsa setlhophana go dira le wena (setlhophha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhophha. • Naya setlhophha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

DITIRWANA TSA MOLOMO

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

MEDUMOPUO & MOKWALO

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

PUISOKOPANELO

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

GO KWALA

Beke 1 Mosupologo: Go rulaganya le kwalo ya ntlha.

Beke 1 Laboraro: Kwalo ya ntlha

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?

Medumopuo le Puisokaelo ka ditlhophha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgon a go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.

- Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgao lo kgotsa sekolo sa gago.

2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:

- Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
- Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
- Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
- Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
- Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

1 Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.

2 Bitsa setlhophha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.

3 Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa ga raro mo bekeng.

4 Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhophha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.

5 Fa o dira le setlhophha, reetsa morutwana mongwe le mongwe a buisa ka nosi.

6 Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thus go le dumisa. O sek a wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.

7 Ka nako ya puisokaelo ka ditlhophha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhophha se se nnye.

Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go botlhokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.
- Ka ntlha ya leroborobo, barutwana ba le bantsi ba latlhegetswe ke ditaelo tse di botlhokwa tsa medumopuo.
- Ka kopo batlisisa gore ke medumo efe e barutwana ba e itseng le e ba sa e itseng mme o dirisa lenaneo ka tatelano go baakanya nako e e latlhegileng ya go ithuta.

Ela tlhoko:

- Medumo e e leng mo bolokong jo bo setlha e tlhalosiwa ke TRN(ATP) ke ya Mophato 1 Kgweditharo 4
- Leka go netefatsa gore barutwana ba gago ba itse medumo e.

MODUMOPUA WA SETSWANA				TEKOLO
MODUMOPUA	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-t-s-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tl-h-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-k-w-a-n-e = lookwane	m-oo-n-o = moono	
ii	t-ii-l-e = tiile	s-ii-l-w-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feelsa	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwia	tlw-a-e-ts-e = tlwaetse	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-n-g = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-n-g = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwaa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omanngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentswe	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-n-y-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlh-w-a = tlhwatlhwa	m-o-tlhw-a motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntwa	ntw-e-l-a = ntwela	ntw-a-n-tsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi wa kharikhulamo le Mosupatsela o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

ATP/TRN

- Go na le Morulaganyi le Mosupatsela x5 tse di sa kwalelang mme o ka di dirisetsa go rulaganya le go bona gore o dirile kharikhulamo ya kgweditharo go fitlha fa kae.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1-3 la NECT le teng go ka itseelwa mo go: www.nect.org.za

Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		DITIRWANA TSE DINGWE:	
	DITIRWANA TSE DINGWE:			
MEDUMOPUO	MEDIUMO:	MEDIUMO:	DITIRWANA:	
MOKWALO	MODUMO/MEDIUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDIUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGOLE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:	TLOTLOFOKO:	PINA/RAEME:	DITIRWANA TSE DINGWE:
MEDUMOPUO	MEDUMO:	MEDUMO:	DITIRWANA:	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGOLE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:	TLOTLOFOKO:	PINA/RAEME:	DITIRWANA TSE DINGWE:
MEDUMOPUO	MEDIUMO:	MEDIUMO:	DITIRWANA:	MODUMO/MEDIUMO, MAFOKO LE DIPOLELO:
MOKWALO	MODUMO/MEDIUMO, MAFOKO LE DIPOLELO:	MODUMO/MEDIUMO, MAFOKO LE DIPOLELO:		

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGOLE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		DITIRWANA TSE DINGWE:	
	DITIRWANA TSE DINGWE:			
MEDUMOPUO	MEDUMO:	MEDUMO:	DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGOLE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 5: Poeletso

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:	TLOTLOFOKO:	PINA/RAEME:	DITIRWANA TSE DINGWE:
MEDUMOPUO	MEDUMO:	MEDUMO:	DITIRWANA:	DITIRWANA:
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUISO:		TIRWANA YA MORAGO GA PUISO:	
GO KWALA	SETLHOGOLE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	



Lenaneo la tlhatlhobo

Tlhatlhobo ya go ithuta

- Lenaanetekolo le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kgatong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3.**
- Ga gona tsele ya ka bonako e e bonolo go latela ‘Tlhatlhobo ya go Ithuta,’ kgotsa ‘Tlhatlhobo e e Tlhomameng.’
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
 - a Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
 - b Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
 - c Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe.**
 - d Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelothoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

DIKGONO TSA TLHALOGANYO	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhophya.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwethlong – ga a ineele	
GO REETSA LE GO BUJA	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
TEMOGO YA MEDUMOPUO LE MEDUMOPUO	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

PUISO	✓
Ka metlha o leka go dumisa mafoko a mantšwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
GO TLHALOGANYA	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhanga se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di bottlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšwa.	
MOKWALO	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgoni go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgoni go fetsa ditiro ka nako e e neetsweng.	
GO KWALA	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

Tlhatlhobo ya go Ithuta

- O ka itlhophela go **dira tlhatlhobo e e tlhomameng ya gago** (Tiro ya Tlhatlhobo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlhabolotsweng ya CAPS.**
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhobo e e Tlhomameng** ya Kgweditharo 4 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akarereditswe moo o ka tsenyang dipholo tsa barutwana tsa tlhatlhobo tsa karolwana nngwe le nngwe ya puo.

Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se , se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhoba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
 - a O ka itlhophela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhobo.
 - b Kgotsa, o ka itlhophela go naya morutwana mongwe le mongwe maduo.

SEKAI:

- a Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3-4. Fela, o na le MAEMO 1 / SELEKANYO 1-2 maduo. Ka jalo, o mo naya **Selekanyo sa 3.**
- c Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3.**

RUBRIC	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
TEKANYETSO 1	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhannngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang. (2) X	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4-5)
TEKANYETSO 2	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsmafoko kgotsadipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsmafoko kgotsadipolelwana. (2) X	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsmafoko kgotsadipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsmafoko kgotsadipolelwana. (4-5)
TEKANYETSO 3	Ga go na pharologano ya segalo le modumo wa lentswe kgotsamorujtwana ga a utlwagale. (1) X	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

Go fetola

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1-7 ka go arola ka 2.

Re solo fela fa kaedi e ya tlhatlhobo e tla go tswela mosola

- Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.
- Ka kopo ikobele melao ya ditlhokego tsa tlhatlhobo ya porofense kgotsa kgaolo ya gago.

Mophato 1 Kgweditharo 4: Sekai sa Tlhatlhobo e e Thomameng

4.1: GO REETSA LE GO BUA/ GO TLHALOGANYA	
MAIKAELELO	<p>O anela kgang e a e itseng</p> <ul style="list-style-type: none"> • Kgang e na le tshimologo, bogare le bokhutlo • Morutwana o fetola lentswe la gagwe
TIRISO	<ul style="list-style-type: none"> • Dira se ka beke 8 le 9 • Dira se nako nngwe le nngwe fa barutwana ba ritibetse ka nako ya puiso ka nosi kgotsa tirwana ya go kwala.
TIRWANA	<p>O anela kgang e a e itseng</p> <ul style="list-style-type: none"> • Tlhalosetsa barutwana gore o tlie go ba bitsa gore ba go tlottlele kgang e ba e ratang. • Tlhalosetsa barutwana gore fa ba go tlottlela kgang e tshwanetse go nna le tshimologo, bogare le bokhutlo. • Gape ba tlhalosetsa gore ba tshwanetse go dirisa mantswe a bona gore kgang e kgatlhise. • Kwa bofelong, ba tshwanetse go ikatisetsa go anela kgang gore ba sekba lebala se ba tshwanetseng go se bua kgotsa go boeletsa se ba se buileng. • Ba neye metsotso e le mmalwa go akanya ka dikgang tsa bona. • Ba letle go lebana go tlottlela molekane kgang. • Gape ba ka thala setshwantsho se se nang le setlhogo ka karolo ya kgang fa o reeditse barutwana ba bangwe. • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
POPEGO LE TATELANO	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang (2)	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsikgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4-5)
THELELO	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsmafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsmafoko kgotsa dipolelwana (2)	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsmafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsmafoko kgotsa dipolelwana (4-5)
SEGALO LE MODUMO WA LENTSWE	Morutwana ga a fetola segalo le modumo wa lentswe kgotsa morutwana ga a utlwagale. (1)	Morutwana o fetola segalo le modumo wa lentswe ka dinako dingwe le fa go sa tshwanelang teng. (2)	Morutwana o fetola segalo le modumo wa lentswe fa a buisa gore puiso ya gagwe e nne le matswela. (3)	Morutwana o fetola segalo le modumo wa lentswe fa a buisa gore puiso ya gagwe e nne le matswela a magolo (4)

4.2: MEDUMOPUO

MAIKAELELO	<ul style="list-style-type: none"> O aga mafoko a dirisa medumo e e rutilweng
TIRISO	<ul style="list-style-type: none"> Dira se ka beke 5 kgotsa 6, ka nako ya thuto ya Mokwalo ka Mosupologo.
TIRWANA	<ul style="list-style-type: none"> Bolelala barutwana go bulu letlhare le le phepa mme ba kwale setlhogo: Teko ya Medumopuo. Morago bontsha barutwana go mena letlhare mo dibukeng tsa bona ka halofo mme ba kwale dinomoro go simolola ka 1-5 mo mothalong o o ka fa molemeng, mme 6 – 10 mo bogareng ba letlhare. Tlhalosetsa barutwana gore o tlie go bitsa nomoro, e latelwe ke modumo kgotsa lefoko. Ba tshwanetse go kwala modumo kgotsa lefoko fa thoko ga nomoro e e nepagetseng. Fa barutwana ba sa itse go kwala modumo kgotsa lefoko, ba tshwanetse go thala mothalo o monnye fa thoko ga nomoro Katisa barutwana go nna ka tidimalo ka nako ya diteko mme ba sekba lebelela tiro ya ba bangwe. Rulaganya lenaane. Bitsa mafoko a 10 – netefatsa gore lefoko lengwe le lengwe le na le ditumammogo tse di pataganeng tse di rutilweng sekai: ph-a-l-a jalojalo. Go tsweng foo, rulaganya piletso ya dipolelo tsa mafoko a 5 o dirisa mafoko a ba itseng le mafoko a medumopuo a barutwana batshwanetseng go a itse. Bitsa polelo mme o laele barutwana go e kwala. Bolelala barutwana go dirisa matshwao a pu a a nepagetseng (tlhakakgolo kwa tshimologong ya polelo, khutlo kwa bofelong ba polelo). Kwa bofelong ba teko, phutha dibuka tsa barutwana mme o tshwaye teko. Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
TEKO YA MOPELETO	Morutwana o peletile mafoko a 1-3 ka nepagalo.	Morutwana o peletile mafoko a 4-6 ka nepagalo..	Morutwana o peletile mafoko a 7-9 ka nepagalo..	Morutwana o peletile mafoko a 10 ka nepagalo..
PILETSO YA POLELO	Morutwana o dirile diphoso di le 4 kgotsa go feta tsa tsa matshwao a puo.	Morutwana o dirile diphoso di le 3 tsa mopeleto kgotsa matshwao a puo.	Morutwana o dirile diphoso di le 2 tsa mopeleto kgotsa matshwao a puo.	Morutwana o dirile diphoso di le 0 - 1 tsa mopeleto kgotsa matshwao a puo.

4.3: MEDUMOPUO / PUISO

MAIKAELELO	<ul style="list-style-type: none">• O lemoga ditumammogo tse di pataganeng kwa tshimologong ya lefoko le kwa bokhutlong jaaka: ng.• O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa.• O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgona tsa go dumisa mafoko.
TIRISO	<ul style="list-style-type: none">• Se se ka diriwa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 8• Dira se ka nako ya puisokaelo ka ditlhophpha
TIRWANA	<ul style="list-style-type: none">• Ka nako ya puisokaelo ka ditlhophpha, bitsa morutwana mongwe le mongwe wa setlhophpha go tla go go buisetsa ka nosi.• Simolola ka go kopa barutwana go buisa lenaane la medumopuo le mafoko a a dirisang ditumammogo tse di pataganeng tse ba tshwanetseng go di itse, sekai: tl-, th-, ph-.• Morago kopa barutwana go buisetsa kwa godimo go tswa mo setlhengweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhengwa se akaretsa mafoko a a dumisegang.• Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
O LEMOGA DITUMAMMOGO TSE DI PATAGANENG KWA TSHIMOLOGONG LE KWA BOKHUTLONG BA LEFOKO.	Morutwana o kgaratlhela go buisa medumo le mafoko ka nepagalo. (1-2)	Morutwana o buisa nngwe ya medumo le mafoko ka nepagalo. (3-4)	Morutwana o buisa bontsi jwa medumo le mafoko ka nepagalo. (5-6)	Morutwana o buisa medumo le mafoko otlhe ka nepagalo. (7)
THELELO	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1-2)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswelela. (3-4)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwetlhlo ka mafoko a a rileng kgotsa popego ya polelo. (5-6)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (7)
DIKGONO TSA GO DUMISA MAFOKO	Morutwana o tlhoka tshegetso e ntsi ya medumopuo mo go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. Morutwana o itse mafoko a le mmalwa a pono le a a tlhagelelang kgapetsa. (1-2)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana. Morutwana o itse mangwe a mafoko a pono le a a tlhagelelang kgapetsa. (3-4)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinako dingwe go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a le mantsi (5-6)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a a rutilweng otlhe (7)

4.4: PUISO LE GO TLHALOGANYA

MAIKAELELO	<p>Reetsa le go tlotla ka setlhangwa go:</p> <ul style="list-style-type: none"> • O lemoga bothata jwa kgang • O lemoga tatelano ya ditiragalo • O araba dipotso tsa kakanyo jaaka ‘A o akanya gore...? / Goreng go...?
TIRISO	<ul style="list-style-type: none"> • Se se ka diriwa nako nngwe le nngwe go simolola ka beke 4 – 7. • Dira se ka Labotlhano ka nako ya tirwana ya Molomo: Puisano ya setlhangwa kgotsa ka Labotlhano ka nako ya Puisokopanelo: Tirwana ya morago ga puiso.
TIRWANA	<p>1 Dirisa kgang ya puisokopanelo go tswa mo bekeng e e fetileng. 2 Baya barutwana mo maemong a siameng go fetsa tiro. 3 Go tsweng foo, biletsha barutwana kwa tafoleng ya gago ka bongwe go feleletsa tlhatlhobo. 4 Kopa barutwana go araba 1-2 ya potso mofuta mongwe le mongwe ka ga setlhangwa.:.</p> <p>Potso ka ga bothata</p> <p>1 Bothata e ne e le eng kwa tshimologong ya kgang? 2 Ke mang kgotsa ke eng se se tlhodileng bothata?</p> <p>Tatelano</p> <p>1 Go diragetse eng kwa tshimologong ya kgang? 2 Go diragetse eng kwa bofelong ba kgang? 3 Morago go diragetse eng ...? 4 Go diragetse eng la ntlha: ...kgotsa...?</p> <p>Dipotso tse di bulegileng/ tsa kakanyo</p> <p>1 Goreng o akanya...? 2 A o ka dira kgolagano go...? 3 Fa o ne o le...o ne o tla dira eng? Goreng? • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.</p>

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
DIPOTSO KA GA BOTHATA	Morutwana ga a kgone go lemoga bothata ba kgang (1)	Morutwana o lemoga bothata ba kgang. Morutwana ga a kgone go lemoga se se tlhodileng bothata. (2)	Morutwana o lemoga bothata ba kgang. Morutwana o kgona go lemoga se se tlhodileng bothata. Morutwana o kgarathla go gopola dintlha dingwe tse di amanang le kgang (3)	Morutwana o lemoga bothata ba kgang. Morutwana o kgona go lemoga se se tlhodileng bothata. Morutwana o gopola dintlha tse di amanang le kgang (4-5)
TATELANO	Morutwana o palelwa ke go baya tatelano ya ditiragalo tsa kgang ka nepagalo. (1)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka nepagalo ka tshegetso (2)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka nepagalo fela o tsaya nako. (3)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka bonako le ka nepagalo (4)
DIPOTSO TSA KAKANYO	Morutwana ga a kgone go araba potso ya kakanyo ka ga setlhangwa ka nepagalo. (1)	Morutwana o kgona go araba potso ya kakanyo ka ga setlhangwa ka nepagalo ka go newa tshegetso. (2)	Morutwana o kgona go araba potso ya kakanyo ka ga setlhangwa ka nepagalo fela ga a kgone go tlhalosa karabo. (3)	Morutwana o kgona go araba potso ya kakanyo ka ga setlhangwa ka nepagalo e bile o kgona go tlhalosa karabo. (4-5)

4.5: MOKWALO

MAIKAELELO	<ul style="list-style-type: none"> O kopolola le go kwala polelo ka nepagalo
TIRISO	<ul style="list-style-type: none"> Dira se o dirisa mokwalo wa beke ya 5-6, kgotsa beke 7-8.
TIRWANA	<ul style="list-style-type: none"> Dira thuto ya Mokwalo jaaka tlwaelo. Netefatsa gore barutwana ba kopolola dipolelo tse di mmalwa go tswa mo patitshokong. Fa barutwana ba kwala, tsamayatsamaya go lekola tiro ya bona Phutha dibuka tsa barutwana kwa bofelong ba thuto Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
MOKWALO: POLELO	Morutwana o palelwaa ke go kopolola le go kwala polelo ka nepagalo. Go na le diphoso di le dintsi tsa popego ya ditlhaka le go bula diphatlha mo magareng ga mafoko le ditlhaka ga di lekalekane. Morutwana o kwalela ka bonya. (1-2)	Morutwana o kopolola le go kwala polelo e gantsi e nepagetseng.. Go na le diphoso tsa popego ya ditlhaka le go bula diphatlha mo magareng ga mafoko le ditlhaka ga di lekalekane. Morutwana o kwalela ka bonya. (3-4)	Morutwana o kopolola le go kwala polelo ka nepagalo. Lebelo la morutwana la go kwala le bophepa di ka tokafadiwa.(5-6)	Morutwana o kopolola le go kwala polelo ka nepagalo, ka bophepa le ka lebelo le le siameng. (7)

4.6: GO KWALA

MAIKAELELO	<ul style="list-style-type: none"> O kwala dipolelo tse 3 ka dikgang tsa gagwe a dirisa medumo e a ithutileng yona, mafoko ao a a itseng, ditlhakakgolo le dikhutlo.
TIRISO	<ul style="list-style-type: none"> Dira se o dirisa thuto ya go kwala ya beke ya 3-4, beke 5-6, kgotsa beke 7-8.
TIRWANA	<ul style="list-style-type: none"> Dira dithuto tsa go kwala jaaka metlha. Phutha dibuka tsa barutwana kwa bofelong ba tsheko ya go kwala. Tlhatlhoba tiro ya morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
GO KWALA: TSHIMOLOGO	Kakanyo e thata go tlhaloganyesega kgotsa ga se ya gagwe. O kopisitse sekai sa morutabana. (1)	Kakanyo e a tlhaloganyesega e bile ke ya gagwe fela e batlile e tshwana le sekai. (2)	Kakanyo ke ya gagwe e bile o itshimololetse yona. (3)	Kakanyo ke ya gagwe, o e simolotse e bile o itlhametse yona. (4-5)
GO KWALA: BOLEELE LE POPEGO YA POLELO	Morutwana o kwadile mafoko a le mmalwa kgotsa polelwana (1)	Morutwana o kwadile polelo e le nngwe e e bopilweng ka nepagalo. (2)	Morutwana o kwadile dipolelo tse pedi tse di bopilweng ka nepagalo. (3)	Morutwana o kwadile dipolelo tse tharo tse di bopilweng ka nepagalo. (4-5)
GO KWALA: MATSHWAO A PUO	Morutwana o kgaratlha go dirisa ditlhakakgolo le dikhutlo ka dinako tsotlhе le ka nepagalo. (1)	Morutwana o dirisa ditlhakakgolo le dikhutlo ka nepagalo fela o kgaratlha ka tiriso ya letshwao la puo lengwe. (2)	Morutwana o dirisa matshwao a puo a a rutilweng otlhe ka tekano fela o dira diphoso ka dinako dingwe. (3)	Morutwana o dirisa matshwao a puo a rutilweng otlhe ka tekano. O dira diphoso ka sewelo. (4)

